## IN THE CLAIMS

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- 1. (Currently Amended) Agent for producing a satiety effect and for weight loss consisting of a dried, porous gel or foam of at least one anionic polymer, characterized in that it wherein the agent is present as an aluminum salt.
- 2. (Currently Amended) Agent according to Claim 1, characterized in that it wherein the agent is present in compressed form.
- 3. (Currently Amended) Agent according to one of Claim 1 or Claim 2, characterized in that it Claim 1, wherein the agent contains alginate or pectin or a combination thereof as the anionic polymer.
- 4. (Currently Amended) Agent according to one of Claims 1-3, characterized in that it Claim 1, wherein the agent is present as an aluminum alginate, aluminum pectinate, or combination thereof.
- 5. (Currently Amended) Agent according to one of Claims 1-4, characterized in that it Claim 1, wherein the agent also contains active ingredients.
- 6. (Currently Amended) Agent according to one of Claims 1-5, characterized in that it Claim 1, wherein the agent contains

- vitamins, trace elements, or medicinal compounds as active ingredients.
- 7. (Currently Amended) Agent according to one of Claims 1-6,

  characterized in that it Claim 1, wherein the agent is

  administered in the form of tablets, capsules, coated tablets,

  granulates, or powders.
- 8. (Currently Amended) Use of an agent according to one of Claims 1-7 Claim 1 for the production of a satiety effect and for weight loss.
- 9. (Currently Amended) Use of an agent according to one of Claims

  1-7 Claim 1 for regulating the cholesterol balance.
- 10. (Currently Amended) Use of an agent according to one of Claims 1-7 Claim 1 for the production of a composition for producing a satiety effect and for weight loss.
- 11. (Currently Amended) Use of an agent according to one of Claims

  1-7 Claim 1 for the production of a composition for regulating the cholesterol balance.